Patient's Name:		Date:	
Address:	City:	State:	
Phone #:	Date of Birth:	Age:	Sex:
Email:			
Have you ever been diagnosed with brea	ast cancer? 🗆 Y 🗖 N Date:	□ R	🗖 L Breast
Do you have a family history of breast ca	ancer? If yes, who?		
Date of your last mammogram: Was it: □ Normal □ Abnormal □	Suspicious 🛛 Watchful – 🗆 R	L Breast	
Date of your last breast ultrasound: _ Was it: □ Normal □ Abnormal □	Were b Suspicious □ Watchful – □ R	ooth breasts imaged? □` □ L Breast	Ϋ́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́́
Was a follow up biopsy recommended	d after your LAST mammogram	ultrasound, or MRI?	JY 🗆 N
Date of last breast exam by a doctor:	🗆 Normal 🗖 Lum	D 🗇 Thickening – 🗇 R 🛙	JL
Any tests recommend after this last b			
Date of any breast biopsies:			🗖 R 🗖 L Breast
What was found on the biopsy?			
Any breast surgeries? Date and what wa			
Have you had a mastectomy?			
Was the nipple removed? \Box Y \Box N V	Vas the surface skin of the origina	breast entirely removed?	$P \square Y \square N$
Any breast reconstruction? What was do	one? (ex. trans flap, implant)	□ R	L Breast
Any breast radiation treatment? Date of	last treatment	🗖 R	L Breast
Are you currently pregnant?	Are you currently nurs	ng? 🗆 Y 🗖 N	
Are you CURRENTLY experiencing ar	ny of the following with your bre	asts: 🗆 None	
Lump D Thickening (date found	; found by 🗖 Self	breast exam 🗖 Doctor e	xam)
Pain: Dull DSharp DBurning	Stinging 🗖 Tenderness 🗖 The	pain changes with my cyc	le
□ Thickening □ Skin changes (□ Col	or I Texture I Over the lump)		
□ R □ L Nipple discharge (□ Bloody	🗆 Milky 🗖 Clear 🗖 Through 1 du	ct 🗖 Through multiple du	ucts)
□ R □ L Nipple retraction (□ For many	y years □ Recently) □ R □ L N	lipple changes (Color	Texture)
□ Other			•
Place an [O] on the diagram in the ar [W] for an <u>area being watched</u> . [X] <u>thickening</u> . [+++] in the area of a <u>sca</u>	in the area of pain, tenderness,		
RIGHT		LEFT	

□ Re-Exam			
High T:	Low T:	Tech:	
Pt T =	F Rm T =	C C R L Nipple retraction R L Areola traction SLQ SMQ ILQ IMQ	
□R□L	Skin surface bulge or dimp	e SLQ SMQ ILQ IMQ	
	Nipple changes (Color	I Texture) □ R □ L Nipple discharge (□ Bloody □ Milky □ Clear – S M)	